




# New Mercy for a New Morning




Encouragement Packet

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Lamentations 3:22–23





*New mercies every morning.* 




*Receive fresh mercy.*

*Walk in a new beginning.*


*Let grace lead the way.*



Restored by God's Grace Ministries



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# Welcome

*New Mercy for a New Morning*



Lamentations 3:22–23

Every new morning is a reminder that God's grace has not run out. Whatever yesterday held, God's mercy meets you here today. You do not have to begin this day striving or pretending. You can begin again with humility, honesty, and hope.

Lamentations 3:22–23 reminds us that His compassions never fail. *New mercies every morning* means we are invited to start fresh under the loving care of God. Breathe deeply. Release yesterday. Receive today's grace.

As you move through this packet, ask the Lord to quiet your heart, renew your mind, and lead your steps. Grace begins again.



**Prayer:**

*Lord, thank You for new mercy this morning.  
Quiet my heart, renew my mind, and lead my day  
in peace. Amen.*





# Reflection 1

## Receive Fresh Mercy



Lamentations 3:22–23



*God's mercy does not wait for you to have everything together. His mercy meets you in honesty. Before the demands of the day begin, pause and remember: you are loved, covered, and not consumed. Fresh mercy means today can begin with grace instead of pressure.*



### Reflect

1. *What am I still carrying from yesterday?*

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2. *Where do I need God's mercy most today?*

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3. *What would it look like to receive grace instead of pressure this morning?*

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# Reflection 2

## Walk in a New Beginning



Lamentations 3:22–23



Beginning again often starts with humility. We come before God without pretending, without hiding, and without trying to carry the day in our own strength. A new beginning is not about perfection. It is about surrendering your heart to the One whose mercies are new every morning.



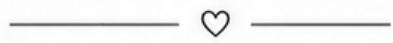
Reflect

1. What do I need to begin again with today?

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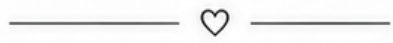


2. What would humility look like in my thoughts, words, or actions?

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3. What old burden or mindset am I leaving behind this morning?

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# Reflection 3

## Let Grace Lead the Way



Lamentations 3:22–23



You do not have to force your way through this day.  
God is able to lead gently, wisely, and faithfully.  
When grace leads the way, peace can guide your pace.  
Let this morning be a place of surrender.  
Ask the Lord to order your steps and trust Him  
with what lies ahead.




### Reflect

1. Where do I need God's guidance today?

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2. What step can I take today with peace instead of fear?

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3. What does surrender look like for me this morning?

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# Gratitude • Affirmation • Release

*Grace Begins Again*



1

## Gratitude

*Write three things you are thankful for this morning.*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

2

## Affirmation

- God's mercy is new for me today.
- I do not have to carry yesterday into today.
- The Lord will lead me with grace and peace.

3

## Release

*Write what you are releasing into God's hands today.*

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# Bible-Based Word Search

## *New Mercy for a New Morning*

Find the words below.

G	V	P	D	U	H	G	U	L	C	V	K	E
A	K	Y	P	T	A	P	F	X	E	E	C	T
F	A	I	T	H	F	U	L	R	N	A	H	D
B	J	X	G	E	I	H	O	N	O	G	W	C
L	K	L	Y	Y	L	T	U	J	I	E	G	Z
E	Y	I	H	Y	S	U	S	M	L	Q	Y	K
Z	I	E	K	E	M	S	W	F	I	B	W	X
R	J	N	R	X	A	X	J	T	N	L	Q	Y
L	Q	V	I	P	L	M	E	R	C	Y	N	H
J	A	R	M	N	K	H	O	P	E	B	I	E
E	D	O	C	K	V	M	Z	C	B	G	Y	Y
N	C	Z	E	B	E	G	I	N	N	I	G	S
I	P	E	A	C	E	K	Y	W	J	W	C	V
T	F	Y	L	Q	P	A	T	H	W	A	Y	B

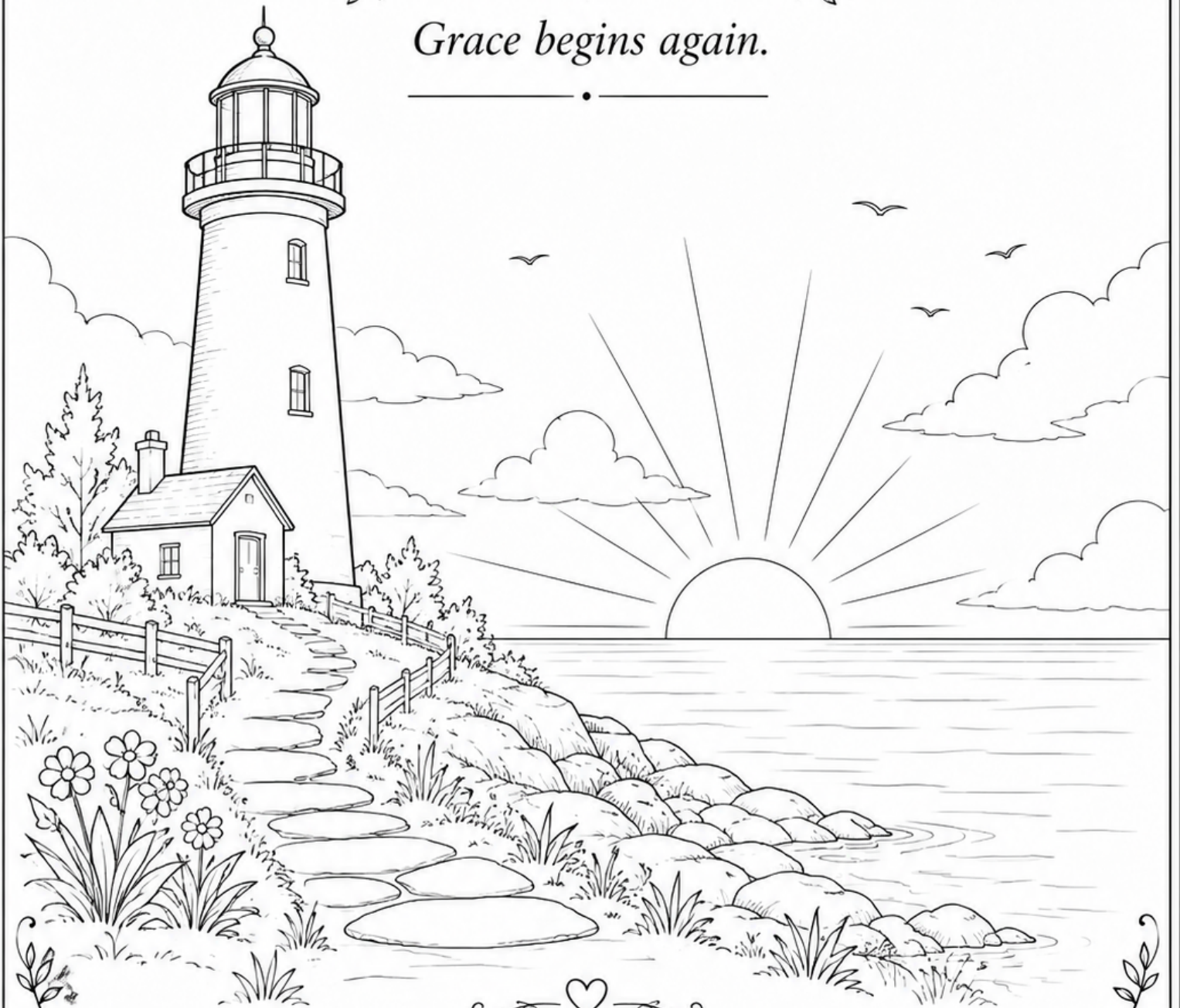
MERCY MORNING GRACE COMPASSION FAITHFUL HOPE

PEACE HUMILITY BEGINNING LIGHT PATHWAY

RESTORE

# Lighthouse Coloring Page

*Grace begins again.*



# Closing & Resources

## New Mercy for a New Morning



*Today is not a repeat of yesterday.  
Because of God's great love, mercy is  
waiting for you again this morning.  
Walk softly, begin humbly, and trust  
the Lord to lead your steps.*

*Grace begins again.*



### Closing Prayer

*Father, thank You for fresh mercy.  
Order my steps, steady my heart,  
and lead me in peace today.*

*In Jesus' name, amen.*



### Free Encouragement Resources



Scan for free encouragement resources.

### *Need Immediate Support?*

If you are in emotional crisis or need immediate support,  
call or text 988 in the United States, or contact  
local emergency services.