

RESTORED BY
GOD'S GRACE MINISTRIES

Begin
Again
BY
GRACE

Psalm 51:10 (KJV)

*"Create in me a clean heart,
O God; and renew a
right spirit within me."*

A gentle invitation to begin again
without shame, pressure,
or pretending.

RECEIVE FRESH MERCY.
TAKE THE NEXT GENTLE STEP.
LET GRACE LEAD THE WAY.

God's Grace Still Restores.

Restored by God's Grace Ministries | Free Encouragement Resource

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Welcome

Thank you for joining us today.
You are stepping into a space of
grace, encouragement, and renewal.

This packet was created to support you
where you are in this season—whether
you are walking through something
difficult or preparing for something new.

Inside these pages you will find
Scripture, reflections, prayer,
puzzles, and gentle reminders
that *you are not alone.*

Take your time.
Work at your own pace.
Come back when you need to.
These pages are here for you.

May God's grace meet you
right where you are today.

You are welcome here.

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Receiving New Mercies

Each new day is a gift wrapped in grace.
When we wake up, God's mercies
are already there—fresh, faithful,
and full of love. His compassion
meets us right where we are,
reminding us that we are never alone.
No matter what yesterday held,
today is a brand new opportunity to
walk in His goodness and trust His plan.

*His mercies are new every morning;
great is Your faithfulness.*
Lamentations 3:22–23

Reflection & Prayer

What new mercy from God are you most grateful for today?
How will you walk in that mercy?

♡ _____
♡ _____
♡ _____
♡ _____
♡ _____
♡ _____
♡ _____

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*Leaving Yesterday
with God*

We can't change yesterday,
but we can give it to God.
Every regret, mistake, heartbreak,
and disappointment—He receives it all.
He doesn't hold it against us.
Instead, He offers forgiveness,
healing, and a fresh start.
When we release yesterday,
we make room for today's mercies
and tomorrow's blessings.

Reflection & Prayer

What is something from yesterday you need to release to God?
How can you walk in freedom and forgiveness today?

♡ _____
♡ _____
♡ _____
♡ _____
♡ _____
♡ _____

His Grace Makes All Things New



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Walking Forward by Grace

Create in me a clean heart, O God;
and renew a right spirit within me.

— Psalm 51:10 (KJV)

Beginning again does not mean
pretending yesterday did not hurt.
It means placing what was heavy into
God's hands and trusting Him with the
next step. Grace does not rush you.
It gently steadies you, renews your heart,
and reminds you that healing can begin
again one peaceful moment at a time.

Journal and Reflect

As you walk forward by grace, remember that you do not have to carry shame, pressure, or fear into this new beginning. God sees the places that still feel tender, and He is not asking you to be perfect. He is inviting you to keep coming to Him with honesty, humility, and hope. Fresh mercy is available here. New strength is available here. Even if your steps feel small, they still matter.

1. What is one gentle step I can take today with God's help?

2. What am I ready to leave in God's hands?

3. What would it look like to let grace lead the way?

*You are not behind. You are being lovingly led.
God's Grace Still Restores.*

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Gratitude

Even in a tender season, grace still gives us something to notice.
Write a few things you are grateful for today, even if they feel small.

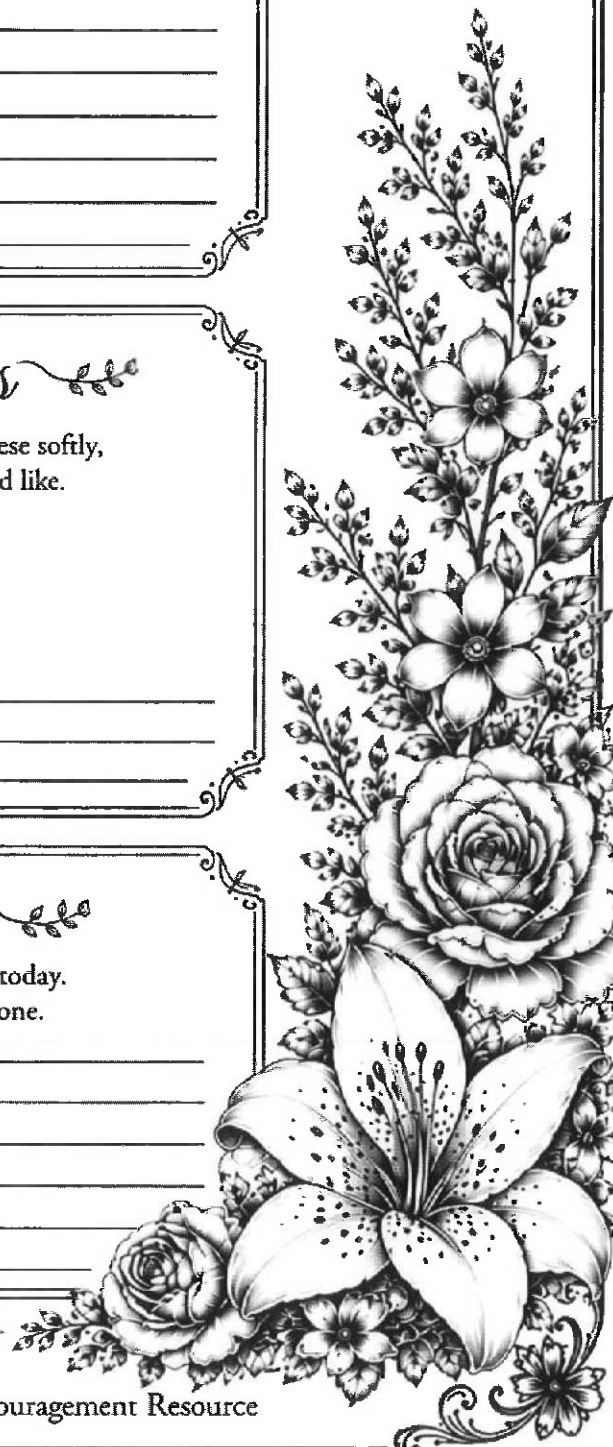
Affirmations

Speak gently to your heart. Read these softly,
then write your own if you would like.

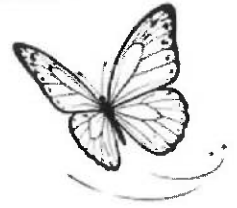
- ♡ God's mercy is new for me today.
- ♡ I do not have to rush this journey.
- ♡ I am allowed to begin again by grace.
- ♡ God is still with me, even here.

Release

Place before God what feels heavy today.
You do not have to carry it all alone.



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NEW MERCIES

Lamentations 3:22-23 (KJV)

"They are new every morning: great is thy faithfulness."

As you search for each word, pause and receive this gentle reminder:
God's mercy meets you again today.

C	I	S	C	E	Q	R	Z	I	U	R	C	P	T
S	L	Z	L	D	D	L	I	G	H	T	W	H	Z
R	P	E	G	I	E	C	A	R	G	H	U	T	E
V	I	R	A	E	M	R	U	B	K	C	D	U	E
Q	T	Q	A	N	Q	C	M	E	J	E	E	K	C
D	C	R	N	Y	Y	S	G	G	D	E	R	Y	R
I	E	Z	A	J	E	Y	M	I	L	O	U	B	F
I	H	T	L	E	V	R	L	N	T	D	U	R	G
W	Q	W	H	O	H	X	I	S	A	R	Z	E	N
I	O	Y	E	E	O	I	E	Z	T	S	S	U	I
K	I	C	J	N	L	R	M	P	Y	H	I	R	N
U	F	U	Y	I	E	T	C	H	L	C	H	B	R
T	G	G	E	J	K	R	J	O	M	K	H	P	O
H	O	P	E	X	K	G	X	G	R	Z	E	W	M
T	E	C	A	E	P	J	Y	W	T	I	K	S	Y

WORD BANK

- MERCY
- MORNING
- GRACE
- BEGIN
- FRESH
- HEART
- CLEAN
- RENEW
- PEACE
- HOPE
- TRUST
- PRAYER
- LEAD
- LIGHT
- RESTORE

Pause, Pray & Release

Lord, I receive Your mercy for this moment:

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THE PROMISE OF RENEWAL



Scripture Focus

Isaiah 43:19 (KJV)

Behold, I will do a new thing; now it shall spring forth.

As you search for each word, breathe deeply and remember that God is still leading you forward by grace.

W	R	V	U	C	T	H	E	A	L	I	N	G	U	F
R	E	C	X	H	F	G	R	A	C	E	O	M	I	U
W	D	O	R	H	V	K	Y	Y	B	H	B	Z	K	M
I	N	U	C	H	G	S	W	K	G	U	P	M	U	O
E	E	R	I	T	E	H	X	R	T	J	F	R	I	X
S	R	A	G	G	N	N	S	M	L	O	H	E	P	Q
P	R	G	E	N	E	C	Y	B	R	Y	D	A	D	E
U	U	E	N	E	W	F	Z	W	V	N	T	A	T	C
M	S	M	T	R	T	O	A	Q	I	H	E	R	Y	A
V	X	D	L	T	V	R	R	Y	I	Y	S	U	K	D
J	N	F	E	S	D	O	A	X	X	I	I	Q	Y	F
Q	D	U	D	E	V	O	L	E	B	J	M	U	Q	T
G	E	L	Y	E	H	T	A	E	R	B	O	F	R	Y
Q	A	T	K	P	F	A	I	T	H	A	R	D	L	Z
J	H	B	H	S	C	C	X	P	C	Y	P	R	Y	E

WORD BANK

NEW
COURAGE
BELOVED

FAITH
PROMISE
TODAY

PATH
STRENGTH
BREATHE

GENTLE
HEALING
FORWARD

SURRENDER
JOY
GRACE

Pause, Pray & Release

Which word is speaking to your heart today?

Lord, I place this in Your hands today:

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Grace
Leads
the
Way

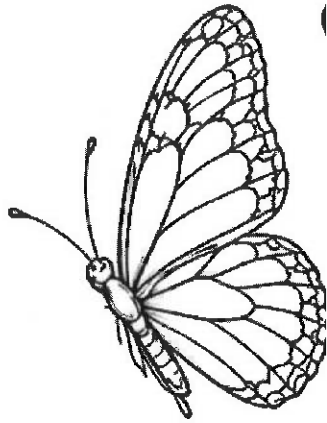
One gentle step at a time.

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HOPE

FOR THE

Journey



Begin
Again
by Grace

Grace begins again.
Psalm 51:10



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He Restores My Soul

Begin
Again
by Grace

Grace Begins Again

Psalm 51:10

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GENTLE SUPPORT & *Emergency Resources*

*"Cast all your anxiety on Him
because He cares for you."*

— 1 Peter 5:7, NIV —

You do not have to walk through this alone.
Help is available. Support is real. Hope is here.
Please reach out to someone you trust.
Your life matters. You are deeply loved.

YOU DO NOT HAVE TO CARRY IT ALL ALONE.

If you are in need of support, help is available.

EMOTIONAL SUPPORT

988 Suicide & Crisis Lifeline
Call or Text 988

NATIONAL DOMESTIC VIOLENCE HOTLINE
1-800-799-7233 • Text "START" to 88788

NATIONAL HUMAN TRAFFICKING HOTLINE
1-888-373-7888 • Text "HELP" to 233733

LOCAL RESOURCES

To connect with your local community
help Dial 211.

*You are important. Your life matters.
Help is here, and hope is real.*

SCAN FOR ADDITIONAL
ENCOURAGEMENT PACKETS



More resources.
More hope. More grace.

WHO CAN I TALK TO?

- ♥ A trusted friend or family member
- ♥ Your pastor, spiritual leader, or mentor
- ♥ A counselor or therapist
- ♥ A support group in your community

*Reaching out is a sign of strength, not weakness.
You were never meant to do life alone.*

YOU ARE IMPORTANT.
YOU ARE NOT ALONE.
GOD IS WITH YOU.

He sees you.
He hears you.
He will carry you.

You Matter. You Are Loved. You Are Not Alone.

God's Grace Is With You Every Step of the Way.